



AN ENNIA PUBLICATION FILLED WITH VACATION PREVENTION TIPS



**A GOOD PREPARATION**  
FOR A WORRY-FREE VACATION

**ennia**  
*Feel secure!*

JULY 2017

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## A GOOD PREPARATION FOR A WORRY-FREE VACATION

Relaxing for a little while, for a moment doing nothing at all. You're looking forward to your vacation. A carefree time to enjoy. That's why it's very annoying when something happens to you while you're on vacation. Things get damaged or stolen or if you get sick or get hurt on a trip. We're happy to help you make your vacation as pleasant as possible. **Have a pleasant trip!**

## TIPS FOR BEING WELL PREPARED

### FEEL FIT WHEN YOU LEAVE

Stop working a few days before leaving, so you can enjoy right away on the first day of your vacation without having to first spend three days recovering from the stress of working hard.

Are you planning to travel by car when abroad? Then to prevent accidents, it's extra important that you're well rested when you leave!

### BREAK-IN PREVENTION TIPS FOR YOUR HOME

- Don't mention on social media or your answering machine that you're on vacation.
- Ensure that when it's dark, lights turn on in the house in different places, at different times. This can be done by using a timer switch.
- Tell the neighbors that you're going on vacation, so that they can keep an eye on



### MAKE A 'CHECKLIST'

Ensure that you don't forget important documents and items when you go on a trip.



your house and collect your mail.

- Park a car in your driveway during your vacation: your second car or a neighbor's car.
- Leave some toys on the floor, put some coffee cups on the table and leave a newspaper lying around so that the house looks occupied.

## INFORM THEM BACK HOME

Inform at least one person staying behind about your trip abroad. Make sure that those staying home have important information, such as where you're staying, insurance policy numbers, copies of passports and driver's licenses, flight numbers, etc.

## COPIES

Make sure you always have copies of important documents. For example, if your passport is stolen, you can request a replacement travel document faster if you can provide a copy. You can take copies with you on vacation, but you can also send them to your own email address, for example. Then you can access them from anywhere in the world.

## MAKE A CHECKLIST

Ensure that you don't forget important documents and items when you go on a trip. This happens sometimes during all the frenzy before leaving. Make a checklist so you don't have to worry about this.

- ✓ Passport, check the expiry date
  - ✓ Travel and health insurance documents
  - ✓ Bank card (before leaving, remove any restrictions on the limit for foreign countries), cash, credit card
  - ✓ Airline ticket
  - ✓ First aid kit
  - ✓ Store important telephone numbers, but not only in your cell phone because you may lose it
  - ✓ Any medication
  - ✓ Fully charged cell phone and an optional extra portable charger
- (Click [here](#) for more information)

### COMPARE YOUR HEALTH AND TRAVEL INSURANCE POLICIES

It's possible that you may be insured via your travel insurance and via your health insurance. As such, it may be smart to compare your health and travel insurance policies. So if you get sick, it's good that you're insured. That's why you have travel insurance. Travel insurance is a collection of coverages that are often included in other insurance policies. Coverage of medical expenses abroad, for example, is limited under basic health insurance.

### LIST OF HOSPITALS

If you get sick on vacation you would like to be helped quickly and properly. Make a list in advance of hospitals at your destination. This will allow you to act quickly in the event of an emergency.

### LAST BUT NOT LEAST: TAKE OUT TRAVEL INSURANCE

Four reasons why travel insurance is a must.

- You insure yourself for medical expenses abroad, which currently are not covered by the compulsory basic health insurance (AZV/BVZ).
- You insure yourself for the costs of returning unexpectedly and early.
- You insure yourself against the damage, loss or theft of your baggage and belongings.
- You want to enjoy a carefree vacation.

For a small amount, you can be compensated for a big loss. If something happens, you won't have any financial concerns.

With **ENNIA travel insurance**, you'll enjoy an extra relaxed vacation.





## ENNIA TRAVEL INSURANCE

- ✓ Easy to take out
- ✓ Single-trip travel insurance is available from as low as f 1.75 (\$1) per day
- ✓ Multi-trip travel insurance starts at f 130 (\$71) per year
- ✓ Online 24/7
- ✓ Can be done from your table or cell phone
- ✓ Even up until the day of departure and even in the airport departure hall

Also consider **cancellation insurance** if you've already incurred a lot of expenses for the trip. Then you're insured against the financial consequences of your trip being cancelled, interrupted or delayed.









### CLOSE BY IS BETTER

You don't always have your large pieces of luggage directly in sight. You do have a little more control of your smaller items. Try to keep valuable and precious items as close to your body as possible. Ensure that you always have cash and your important papers safely with you somewhere.



## HYGIENE TIPS WHILE TRAVELING

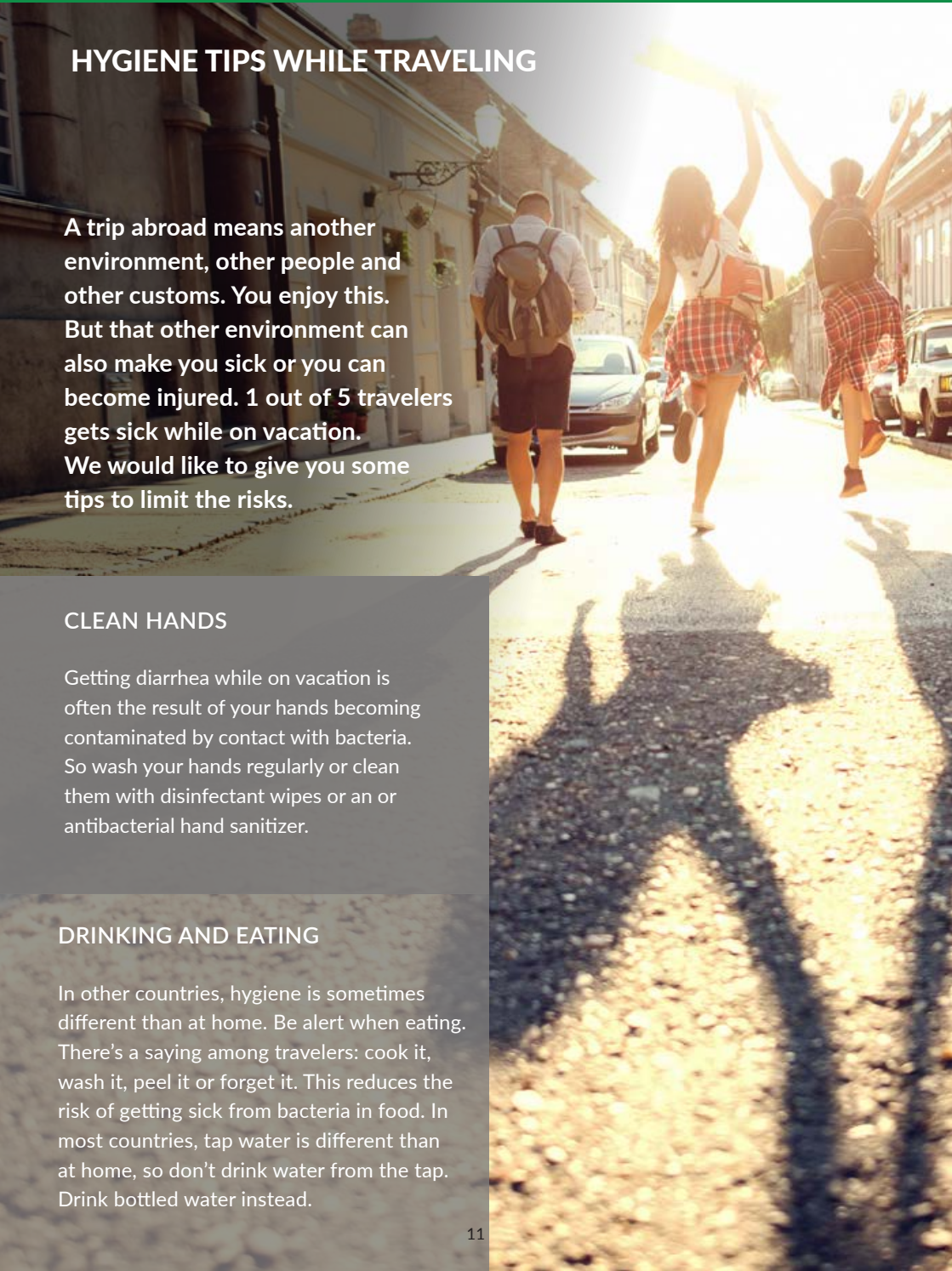
A trip abroad means another environment, other people and other customs. You enjoy this. But that other environment can also make you sick or you can become injured. 1 out of 5 travelers gets sick while on vacation. We would like to give you some tips to limit the risks.

### CLEAN HANDS

Getting diarrhea while on vacation is often the result of your hands becoming contaminated by contact with bacteria. So wash your hands regularly or clean them with disinfectant wipes or an antibacterial hand sanitizer.

### DRINKING AND EATING

In other countries, hygiene is sometimes different than at home. Be alert when eating. There's a saying among travelers: cook it, wash it, peel it or forget it. This reduces the risk of getting sick from bacteria in food. In most countries, tap water is different than at home, so don't drink water from the tap. Drink bottled water instead.





# ENNIA VACATION PREVENTION TIPS



## EXTRA TIPS

### TRAVELING WITH MINOR CHILDREN

If one parent travels alone with one or more of their children, or if their children travel with someone else, it is advisable to have the required documents in order for quick individual inspection by the officials.

<http://www.kgmc.nl/nl/minderjarigen>

### TRAVELING WITH PETS

If you take a pet with you when traveling, please take into account the requirements to enter with it into your country. Below are a couple of websites with information about traveling with pets:

- Odette Doest, veterinarian  
<http://www.vetdoest.com>
- Ministry of General Affairs, Curaçao  
<http://www.kgmc.nl/nl/huisdieren>

## ENNIA EMERGENCY ASSISTANCE DURING TRAVEL AND VACATIONS

If you need help during your trip or vacation outside of the Dutch Caribbean, then one call to our Emergency Service is all you need. (Only available to clients with ENNIA Health and/or Travel insurance).

*They're ready to help you 24 hours a day, 7 days a week!*

**Call Europe Assistance at:**

**(+31) 88 8778174**

Always try to have your policy number handy and write down beforehand the location and telephone number where you can be reached. Then they can assist you with your questions and may be able to arrange a payment in advance.